



ONLINE LEARNING PROGRAMS

All events listed are open to everyone | Los eventos listados están abiertos a todos
Tất cả các sự kiện dành cho tất cả mọi người

Apr 6

Tema: La Felicidad / Topic: Happiness (Español)

Inland CRC | Mar., Apr. 6 | 10:30 a.m. a 12 p.m. | Inscripción

Let's Get Away, Together – Encore! Celebrating Classical Music

FCA CRC | Tue., Apr. 6 | 1 p.m. to 2 p.m. | Registration

The Power of a Broken-Open Heart Book Club

Del Oro CRC | Tue., Apr. 6 – Apr. 27 | 1:30 p.m. to 3 p.m. | Registration

Apr 7

**Investing Your Way – Women & Finances presented by
Amy Cranfill-Stifel Investment Services**

Inland CRC | Wed., Apr. 7 | 10 a.m. to 11:30 a.m. | Registration

Conversations About Dementia & Driver Safety for the Aging Driver

Passages CRC | Wed., Apr. 7 | 10 a.m. to 12 p.m. | Registration

Apr 8

**Cuidando al Cuidador: Consejos para facilitar la hora de la comida /
Caring for the Caregiver: Tips to make mealtime easier (Español)**

Southern CRC | Jue., Apr. 8 | 1 p.m. a 2 p.m. | Inscripción

Apr 13

Mensajes para Cuidadores/ Messages for Caregivers (Español)

Inland CRC | Mar., Apr. 13 | 10:30 a.m. to 12 p.m. | Inscripción

Let's Get Away, Together – Adventures to Fiji!

FCA CRC | Tue., Apr. 13 | 1 p.m. to 2 p.m. | Registration

Communication Strategies

Orange CRC | Tue. & Thu., Apr. 13 & 15 | 1:30 p.m. to 3 p.m. | Registration or
call (800) 543-8312

Apr 14

Topic: Medicare – HICAP

Inland CRC | Wed., Apr. 14 | 10 a.m. to 11:30 a.m. | Registration

**Lập Kế Hoạch Chăm Sóc cho người thân Giấy ủy quyền về y
tế và hậu sự / Legal and Financial Planning (Vietnamese)**

Orange CRC | Thứ Tư Ngày 14 Tháng 4 năm 2021 | 1 p.m. đến 2:00 p.m.
Call Pauline Lê, MSW, (714) 451-5120 / Peter Nguyễn, LCSW (657) 217-7737

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- Apr 15** **Positive Self-Talk & An Attitude of Gratitude**
[LA CRC](#) | Thu., Apr. 15 | 9 a.m. to 11 a.m. | [Registration](#)
- Apr 20** **El Perseverar/ Persevere (Español)**
[Orange CRC](#) | Tue., Apr. 20 | 10 a.m. to 11:30 a.m. | [Inscripción](#) or call (800) 543-8312
- Topic: Where Are We with COVID?**
[Inland CRC](#) | Tue., Apr. 20 | 1 p.m. to 2:30 p.m. | [Registration](#)
- El Poder del agradecimiento / The Power of Gratitude (Español)**
[Inland CRC](#) | Mar., Apr. 20 | 2 p.m. to 3:30 p.m. | [Inscripción](#)
- Apr 21** **Topic: Braille Institute Services**
[Inland CRC](#) | Wed., Apr. 21 | 1 p.m. to 2:30 p.m. | [Registration](#)
- Apr 22** **Keeping the Peace: The Complexity of Modern Day Families**
[Del Oro CRC](#) | Thu., Apr. 22 | 10 a.m. to 2:30 p.m. | [Registration](#)
- Topic: Time Management**
[Inland CRC](#) | Thu., Apr. 22 | 10 a.m. to 11:30 a.m. | [Registration](#)
- Anticipatory Grief & Bereavement**
[Del Mar CRC](#) | Thu., Apr. 22 | 1:30 p.m. to 3 p.m. | [Registration](#)
- Apr 26** **Topic: How to Talk to Your Doctor**
[Inland CRC](#) | Mon., Apr. 26 | 2 p.m. to 3:30 p.m. | [Registration](#)
- Apr 27** **Tema: Envejeciendo Exitosamente/ Topic: Aging Successfully (Español)**
[Inland CRC](#) | Mar., Apr. 27 | 1 p.m. to 2:30 p.m. | [Inscripción](#)
- Apr 28** **Tips to Boost Emotional Health During the Pandemic**
[FCA CRC](#) | Wed., Apr. 28 | 11 a.m. to 12 p.m. | [Registration](#)
- Topic: Caregivers vs. Scaregivers**
[Inland CRC](#) | Wed., Apr. 28 | 6 p.m. to 7:30 p.m. | [Registration](#)
- Apr 29** **Topic: Care Options**
[Inland CRC](#) | Thu., Apr. 29 | 1 p.m. to 2:30 p.m. | [Registration](#)
- Be in the Moment**
[Orange CRC](#) | Thu., Apr. 29 | 10 a.m. to 11:30 a.m. | [Registration](#) or call (800) 543-8312
- FCA Presents: A Conversation With the 2020 Innovations in Alzheimer's Caregiving Award Winners**
[FCA CRC](#) | Thu., Apr. 29 | 11 a.m. to 12 p.m. | [Registration](#)

This is a collaborative effort of the California Caregiver Resource Centers to ensure high-quality education for California family caregivers. Visit www.caregivercalifornia.org.