



# ONLINE LEARNING PROGRAMS

All events listed are open to everyone | Los eventos listados están abiertos a todos  
Tất cả các sự kiện dành cho tất cả mọi người

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| <b>May 4</b>  | <p><b>Alzheimer's — Conozca las 10 Señales / Alzheimer's — Know the 10 Signs (Español)</b><br/><u>Inland CRC</u>   Mar., May 4   10:30 a.m. a 12 p.m.   <a href="#">Inscripción</a></p> <p><b>Let's Get Away, Together — Hawaii's National and State Parks</b><br/><u>FCA CRC</u>   Tue., May 4   1 p.m. to 2 p.m.   <a href="#">Registration</a></p>  |
| <b>May 5</b>  | <p><b>Identifying Stress</b><br/><u>Inland CRC</u>   Wed., May 5   10 a.m. to 11:30 a.m.   <a href="#">Registration</a></p> <p><b>Family Caregiver Conference: Support, Resources, and Advocacy</b><br/><u>CRCs</u>   Wed., May 5   4 p.m. to 6 p.m.   <a href="#">Registration</a></p>  |
| <b>May 6</b>  | <p><b>Dementia: Symptoms, Behaviors &amp; Challenges</b><br/><u>Del Mar CRC</u>   Thu., May 6   1:30 p.m. to 3 p.m.   <a href="#">Registration</a> or call 1-800-624-8304</p>  |
| <b>May 10</b> | <p><b>Ask the Elder Law Attorney Esther Wang, Elder &amp; Disability Law Firm</b><br/><u>Inland CRC</u>   Mon., May 10   10 a.m. to 11:30 a.m.   <a href="#">Registration</a></p>  |
| <b>May 11</b> | <p><b>Let's Get Away, Together — Let's Go to Saudi Arabia</b><br/><u>FCA CRC</u>   Tue., May 11   1 p.m. to 2 p.m.   <a href="#">Registration</a></p> <p><b>Supporting the Sandwich Generation: Helping Families Cope with Grief and Loss</b><br/><u>Del Oro CRC</u>   Tue., May 11, 18, &amp; 25   7:30 p.m. to 8:30 p.m.   <a href="#">Registration</a></p>  |
| <b>May 12</b> | <p><b>Demencia / Dementia (Español)</b><br/><u>Inland CRC</u>   Mié., May 12   10 a.m. a 11:30 p.m.   <a href="#">Inscripción</a></p> <p><b>Giới Hạn Tài Sản của Medi-Cal 2021 khi quý vị cần chăm sóc lâu dài / Limited Income and Asset for Long Term Medi-Cal in 2021 (Vietnamese)</b><br/><u>Orange CRC</u>   Thứ Tư Ngày 12 Tháng 5 năm 2021   10:30 a.m. đến 11:30 a.m.<br/>Call Pauline Lê, MSW, (714) 451-5120 / Peter Nguyễn, LCSW (657) 217-7737</p> <p><b>Conceptos Básicos Y Esenciales De Planificación Patrimonial / Basics and Essentials Concepts of Estate Planning (Español)</b><br/><u>FCA CRC</u>   Mié., May 12   11 a.m. a 12 p.m.   <a href="#">Inscripción (tinyurl.com/FCA512)</a></p> <p><b>Nutrition Bingo Independence at Home — Maira Martin</b><br/><u>Inland CRC</u>   Wed., May 12   11 a.m. to 12:30 p.m.   <a href="#">Registration</a></p> <p><b>Cruising Through Caregiving with Jennifer Fitzpatrick</b><br/><u>Passages CRC</u>   Wed., May 12   2:30 p.m. to 3:30 p.m.   <a href="#">Registration</a></p> |
| <b>May 14</b> | <p><b>Ageing and Intimacy: For Older Adults and Family Caregivers</b><br/><u>FCA CRC</u>   Fri., May 14   1:30 p.m. to 2:30 p.m.   <a href="#">Registration</a></p>  |
| <b>May 17</b> | <p><b>Manteniéndonos Seguros / Staying Safe (Español)</b><br/><u>Inland CRC</u>   Lun., May 17   10 a.m. a 11:30 p.m.   <a href="#">Inscripción</a></p> <p><b>Is It Normal Aging or Dementia</b><br/><u>Inland CRC</u>   Mon., May 17   1 p.m. to 2:30 p.m.   <a href="#">Registration</a></p>   |
| <b>May 18</b> | <p><b>Let's Get Away, Together — Music Around the World</b><br/><u>FCA CRC</u>   Tue., May 18   1 p.m. to 2 p.m.   <a href="#">Registration</a></p>  |
| <b>May 19</b> | <p><b>FCA presents Today Was a Good Day</b><br/><u>FCA CRC</u>   Wed., May 19   11 a.m. to 12 p.m.   <a href="#">Registration</a></p> <p><b>Panel Discussion — Planning for Change ... Before the Crisis</b><br/><u>Inland CRC</u>   Wed., May 19   1 p.m. to 2:30 p.m.   <a href="#">Registration</a></p>   |
| <b>May 20</b> | <p><b>Como Prevenir Escaras en Personas Mayores / How to Prevent Bedsores in Older People (Español)</b><br/><u>Inland CRC</u>   Jue., May 20   9 a.m. a 10:30 p.m.   <a href="#">Inscripción</a></p> <p><b>Family Dynamics &amp; Building a Support System</b><br/><u>LA CRC</u>   Thu., May 20   9 a.m. to 11 a.m.   <a href="#">Registration</a></p> <p><b>Hội thảo về Luật Cao Niên và chăm sóc dài hạn / Elderly Law and Long Term Care MediCal (Vietnamese)</b><br/><u>Orange CRC</u>   Thứ Tư Ngày 20 Tháng 5 năm 2021   5:30 p.m. đến 7:30 p.m.<br/>Call Pauline Lê, MSW, (714) 451-5120 / Peter Nguyễn, LCSW (657) 217-7737</p>  |
| <b>May 25</b> | <p><b>Let's Get Away, Together — Let's Go to India</b><br/><u>FCA CRC</u>   Tue., May 25   1 p.m. to 2 p.m.   <a href="#">Registration</a></p>   |
| <b>May 26</b> | <p><b>Vive Feliz / Live Happy (Español)</b><br/><u>Inland CRC</u>   Mié., May 26   10 a.m. a 11 a.m.   <a href="#">Inscripción</a></p>   |